

Advent Week 1 Reflection



What is Advent?



Do you use an Advent calendar at home?

Sometimes we have little Advent calendars to help us count down the days until the arrival of Baby Jesus. Yours may have chocolates or little toys. This year, St. Vincent de Paul School will be counting down the days until the arrival of baby Jesus together, using a "virtual" Advent calendar.



Virtual Advent Calendar Day 1 A song by Mumford & Sons

Listen to the following song "I will Wait" by Mumford & Sons. Imagine that you are helping your mom or dad decorate the house for Christmas. You are making a warm fire, tidying up your toys and hanging bright lights around your house-preparing for a very special guest... Jesus.







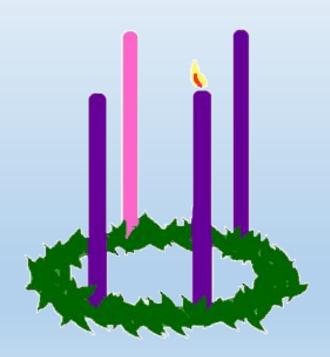


Give someone at school a compliment!

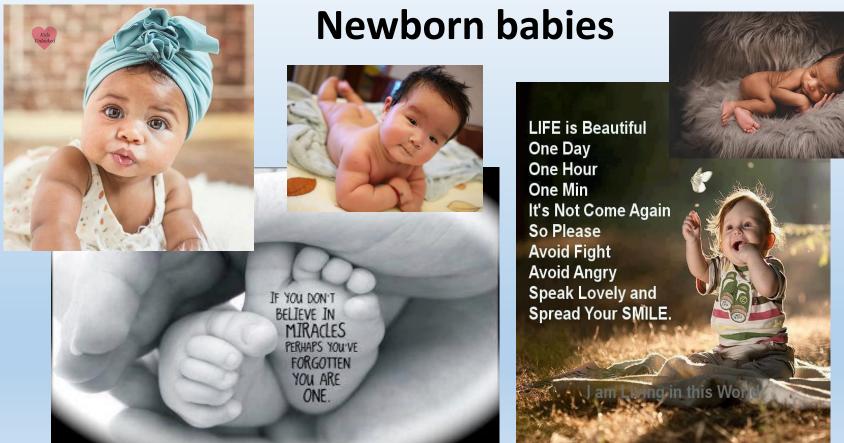




This week, we light one purple candle. This candle represents **HOPE**.



Virtual Advent Calendar Day 2



Reflection

A mother waits for the arrival of her new baby. Day two of our advent calendar shows pictures of newborn babies. When parents and families are waiting for a new baby to be born, they wait in anticipation for the big day. Always remember that you are loved and wanted. God gave you to your families as a very special gift. You are a miracle. Listen to the following song, and think of the family members who love and take care

of you.







Write a nice note for a community helper in your neighbourhood...(crossing guard, bus driver, or mailperson)...

Virtual Advent Calendar Day 3 A quote...words to remember

You are braver than you believe, stronger than You seem, smarter than You think, loved more than You'll ever know

Reflection

Day 3 of our Advent calendar shows a lovely quote. "You are braver than you believe, stronger than you think and loved more than you will ever know". Sometimes as life gets the best of us, we feel down. Things don't seem to go our way and we may not feel good about ourselves. During this time, it is important to understand that we are special and we have been made in God's image, so we are exactly the way he wanted us to be.

Class Discussion: What makes you special? What do you admire about a classmate?





Let someone go before you in line...

Virtual Advent Calendar Day 4 A class meditation 2 minutes

Teachers, please cue up the online meditation timer below:

As you meditate, think of all the things that you are hopeful for. Think of

the things that bring you peace and love in your hearts.

Mara-na-tha, Come Lord Jesus.

Feel free to go to the next slide to provide a point of reflection during your meditation.

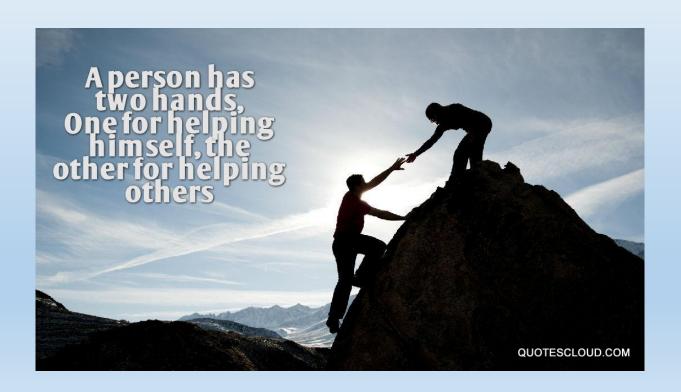






Hold the door for someone...

Virtual Advent Calendar Day 5 We remember those that we have helped



Reflection

Day 5: Today our Advent calendar reminds us of the ones whom we have helped along the way. We can think of the many drives and fundraisers that we hold at St. Vincent de Paul school to help the less fortunate, or maybe you and your family take time to help others in your daily lives. May God Bless you in your service to others. May God bless those whom we help every day. Let them find peace in their hearts and joy in their lives.

Class Discussion: How can you be of service to others in your lives at home?





Do a chore for someone at home...